

How to Plan Your Schedule

Note from the Advisors:

If you follow this “how to” sheet, it will guide you on how to navigate making course selections! PBS advisors want you to be successful, so we have made you many tools.

Please use them to make yourself an academic plan!

It is important to understand PBS Advisors do not plan your schedule. When you review the many course offerings (every year we offer: 45+ PSY classes, 3000+ UCSB classes), it is your choice what to take in relation to the requirements. Remember, **“PSY” courses are severely impacted**, so having a “Plan A” & “Plan B” will only benefit you.

Since all the information and tools for successful schedule planning can be found online, and most are printable PDFs, we invite you to reference them while you create your own plan. Once a **thoughtful rough draft** has been put together; a student may **book an appointment** with an advisor to review their projected plan. Tentative schedules must be presented at check-in to proceed with appointment.

Now Let's Get Started!

Step 1: Reference the major sheet for major rules and requirements. Each individual major sheet can be found online: <https://www.psych.ucsb.edu/undergrad/majors-offered-dept-psychological-brain-sciences>

- a. [Pre-Psychological & Brain Sciences BS major sheet](#)
- b. [Psychological & Brain Sciences BS major sheet](#)
- c. [Pre-Biopsychology BS major sheet](#)
- d. [Biopsychology BS major sheet](#)

Quick Tip: *The major sheet has two sets of rules:*

“Admission to the Major” (i.e. requirements and rules for the pre-major classes) and the “Major Regulations” (i.e. requirements and rules for moving through the total major)

Step 2: Run a degree audit on GOLD. This will help you see what you have completed, and understand what you still owe. With this information, you will now know what you still need to take! For instructions review: [“How to Run a Degree Audit”](#)

Quick Tip: *Run a degree audit often!*

A degree audit can be run with “work in progress” to help students confirm that their scheduled courses are helping them move forward. Advisors suggest running at least one audit per quarter.

Step 3: Once you have read and understand the requirements for the pre-major and/or major, and what you still owe to graduate, you may start planning. While planning quarterly/annual schedules, include major courses as well as GE's and university requirements.

Use **all** the following PBS tools **simultaneously** to plan a tentative schedule:

- a. **Check List**- to check off what classes you have already completed. This will help identify what is left for the major, but this *does not* identify university requirements.
 - a. Webpage: Click on your major tab.
 - b. Document: "_____ Check List" (the check list includes the full major requirements)
- b. **Projected Course Schedule**- to identify which courses are offered per quarter, and who is instructing the course that quarter. (Note: these offerings are subject to change, but are the typical annual course offerings for the department).
 - a. Webpage: www.psych.ucsb.edu/undergrad/course-information
 - b. Document: Projected Course Schedule
- c. **PSY Pre-Reqs & Pass Time Restrictions**- to help you see what pre-reqs are required for each course and identifies which majors are open to the various pass times so you can plan when you will be able to enroll in the course. (Note: there are no exceptions to pre-requisites- please do not ask, the answer is *no*. Instead, we encourage you to plan accordingly.)
 - a. Webpage: www.psych.ucsb.edu/undergrad/course-information
 - b. Document: "PSY Pre-Reqs & Pass Time Restrictions"
- d. **GE Area Course Lists**- to understand what courses fit under which area.
 - a. Webpage: www.psych.ucsb.edu/undergrad/course-information
 - b. Document: "Want to Discuss Gen Ed?"

IMPORTANT: PSY 110+ courses are limited to full majors only!
No exceptions, no add codes. If GOLD does not let you add, please choose another course.

Quick Tip: Visit the UCSB General Catalog for course descriptions.
This tool tells you about every department, major, course, and pre-requisite on campus.
<https://my.sa.ucsb.edu/catalog/Current/UndergraduateDegreeList.aspx>

Step 4: Complete the Schedule Planning Worksheet once you identify which classes you need/prefer to take (used: checklists), when the classes are offered (used: projected course offerings), and what is required to enroll in the class (used: pre-reqs), and understand when it is your turn to sign up for a class (used: [pass time restrictions](#)).

- a. **Schedule Planning Worksheet**- to plug in classes and list out courses meant to be taken by a quarterly and annual overview. This tool helps students recognize what their schedule will look like in total, incorporating major courses, GEs, electives, etc.

- a. Webpage: Click on your major tab.
- b. Document: Schedule Planning Worksheet

Quick Tip #1: Be sure to plan out at least a year, if not more.

It is important to be prepared;
quarter systems often only offer most upper division classes once a year.

Quick Tip #2: Have a “back up plan” because PSY classes are severely impacted-

It is likely a student’s “first choice” will be filled before their pass time opens.

Information on: [UCSB Registrar Pass Time Schedule](#)

Quick Tip #3: Understand how and when to use the waitlist system on GOLD-

Waitlists do not open until Pass 2, and will not generate until a class is full. Therefore, to secure full time student standing, classes **with open spaces are recommended.**

Quick Tip #4: PBS does not give out add codes (no need to ask, no exceptions made).

We rely 100% on the waitlist and classes that are full usually stay full.

Waitlist Rules: <https://www.psych.ucsb.edu/undergrad/course-information>

Instructions on: [How to Add to a Waitlist](#)

Step 5: Use this plan as your own tentative schedule while enrolling in courses. Students are welcome to get it reviewed by an Undergraduate Advisor by [booking an appointment](#) with: peeradv@psych.ucsb.edu

Note from the Advisors:

Once you finish the exercise, you can see how long it will take you to graduate. If you have time, add in a [double major or minor](#), enjoy [study abroad](#), incorporate [research](#) or join [honors](#)!

Students that plan have the opportunity to maximize their time at UCSB!

Congratulations; you just planned your schedule!

Don't forget to make sure you qualify and join the major (see below)

Follow Up: See the PDF tool titled [“How to Calculate Pre-Major GPA”](#) to review requirements and calculate your own GPA to see if you qualify to join our department.

Reminder: While enrolled in your qualifying class, submit a complete “Change of Major” (CoM) packet to the Peer Advisor at the front desk of PSYCH EAST, 1814.

CoM's must be submitted to go from **pre-major to full major.**

For instructions, review: [“How to Change Your Major Instructions”](#)

Need a little extra help?

For visual representations of the information provided on this document, see below:

- [Major Sheet](#)
- [Checklists](#)
- [Schedule Planning Worksheet](#)

The screenshot shows the website for the Department of Psychological & Brain Sciences at UCSB. The navigation bar includes links for Home, Overview, Research, Centers, Graduate, Undergraduate, People, News, Events, Support Services, Alumni, and Giving. The 'Undergraduate' link is highlighted. The main content area is titled 'Pre-Biopsychology BS Major'. On the left, a sidebar menu lists 'Undergraduate' options, with 'Majors' highlighted. The main text describes the Pre-Biopsychology major, its requirements, and the process for declaring the major. On the right, a 'Documents' section lists six items: A) Pre-Biopsychology-BS-2015, B) Biopsychology Freshman Plan, C) Biopsychology Transfer Plan, D) How to Enroll in Chem Classes, E) Biopsych Check List Tool, and F) Schedule Planning Worksheet. Arrows point from the 'Documents' list to the main text area.

- [Projected Course Schedule](#)

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- [How to Calculate Pre-Major GPA](#)
- [How to Change Your Major](#)

Psychological & Brain Sciences
UC SANTA BARBARA

Home Overview Research Centers Graduate **Undergraduate** People News Events Support Services Alumni Giving

Undergraduate

Undergraduate

- ▼ Majors
 - Psychological & Brain Sciences BS
 - Biopsychology BS
 - Psychology BA
 - Double Majors and Minors
- Course Information
- Academic Planning
- Research Assistant (99/199)
- Honors (90/196/197)
- Education Abroad
- Careers & Grad School
- Admissions

Majors Offered by the Dept. of Psychological & Brain Sciences

The Department of Psychological & Brain Sciences (PBS) offers three degrees: the Psychological and Brain Sciences B.S. (open to incoming freshmen in Fall 2016), the Biopsychology B.S., and the Psychology B.A. (closed to incoming freshmen but open to students that began coursework at UCSB before Fall 2016 and transfer students until Fall 2017). Pre-Psychological and Brain Sciences, Pre-Biopsychology, and Pre-Psychology major students work on completing Pre-Major classes while earning qualifying grades before advancing to the full Psychological and Brain Sciences, Biopsychology, or Psychology major. Once in the full major, students must then satisfy the upper division requirements.

Please use the information found within the corresponding major tabs to the left to explore the PBS majors and their requirements, including Pre-Major classes and qualifying grades. The PBS department does not offer any major emphases, nor does the PBS department offer any minors.

Documents

- How to Calculate Pre-Major GPA
- How to Change Your Major Instructions
- Change of Major Form
- Difference between PBS BS & Biopsych BS