



## SAGE CENTER: INTERDISCIPLINARY HUB & CENTER OF EXCITEMENT

Under the leadership of Director Michael Gazzaniga, the Sage Center for the Study of the Mind in the Department of Psychological & Brain Sciences has been a catalyst for the interdisciplinary study of the relationship of brain and mind since 2006. In 2012-13, the Center was a hub for numerous scholarly presentation and activities.

The Center welcomed five distinguished fellows and eight speakers in 2012-13. The distinguished fellows were in residence for up to one month and gave three or four lectures in addition to extended interaction with UCSB faculty, postdocs and students. Speakers in our lecture series spent a day or two on campus and gave a single public lecture; speakers included the Dean of the Stanford Graduate School of Education, Claude Steele (below).



Altogether, over 1500 attendees enjoyed the free public events that were sponsored by the Sage Center for the Study of the Mind last year.

The Center also provides postdoctoral and graduate student fellowships. Junior Fellows are two-year postdocs who, in addition to their own research track, form an interdisciplinary team. The Junior Fellows are the future stars of their respective disciplines. Dr. Dani Bassett (above) was named a Rising Star by the Association for Psychological Science. Dr. Adrian Jaeggi recently appeared on National Public Radio to discuss his anthropological fieldwork

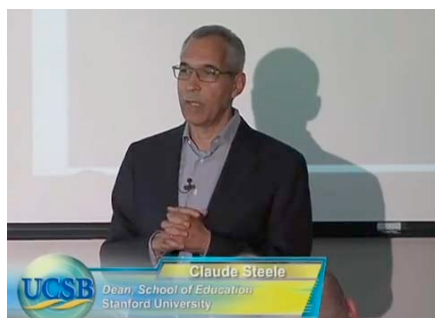


with chimpanzees (above) on how our brains evolved to equate food with love.

In the spring the Junior Fellows hosted a workshop titled "The Human Condition as a Network of Networks: From Genes to Brains to Behavior to Social Groups to Cultures." The two-day event featured talks by eight international scholars on numerous disciplinary subtopics related to the workshop theme, and the group is currently working on a joint publication.

Plans are already well underway for 2013-14. Besides the usual slate of lectures and fellowships, the Center is very excited by the recent approval of the Interdepartmental Graduate Program in Dynamical Neuroscience. For more information on the Sage Center activities, please check out the web page:

[www.sagecenter.ucsb.edu](http://www.sagecenter.ucsb.edu)



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## UCSB READS *MOONWALKING WITH EINSTEIN* AND PSYCHOLOGICAL & BRAIN SCIENCES REMEMBERS



*Faculty discussing Moonwalking and memory, from left to right: Professors Miller, Sherman, Schooler, Mayer, and Hegarty.*

The 2012-13 pick for UCSB Reads was *Moonwalking with Einstein: The Art and Science of Remembering Everything* written by US Memory Champion Joshua Foer. Every year, UCSB Reads selects a book for the campus and community to read collectively and Chancellor Yang and other campus dignitaries hand out free copies to students.

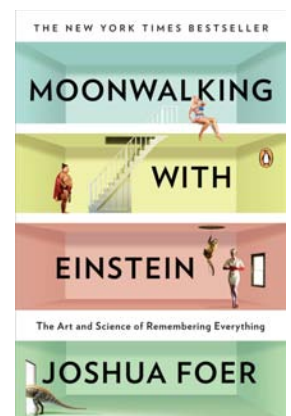
The book tells the story of journalist Joshua Foer who wrote about the 2005 USA Memory Championship in Manhattan, and one year later, having trained with competitive memory champions around the world and visited psychology research laboratories on expertise, returned as a competitor.

With a psychology theme, the Psychological & Brain Sciences faculty organized a symposium on memory, where Professors (shown above) Mike Miller, David Sherman, Jonathan Schooler, Rich Mayer, and Mary Hegarty all discussed the book and research on memory. A few highlights:

- Professor Miller recalled the famous Watergate testimony of John Dean, who “gave incredibly detailed and vivid descriptions of what happened in the Nixon White House. When the tapes came out, he was pilloried in the media as the vivid details were in large part off—but what was absolutely correct was the gist of events. That’s how memory often works, we may get the details wrong, but we remember the gist.”
- Professor Sherman discussed research on techniques to remember to perform health behaviors by getting the body involved and facilitating motor memories. For example, “when the dentist tells you to floss, you might remember to engage in the behavior better if you are holding the floss yourself.”
- Professor Schooler discussed the downside to having an exceptional memory. He discussed a patient whose memory was so good that he had trouble abstracting ideas. As he put it, “forgetting can be helpful because it makes salient the experiences and information that are particularly important to people.” Professor Schooler also gave some tips (from personal experience) on how to manage forgetfulness, for example by never calling anyone by name so that when you can’t remember a person’s name, it doesn’t seem unusual.
- Professor Mayer presented evidence-based strategies for remembering academic material. Some strategies are “to summarize the material in your own words, test yourself on remembering the material, draw an illustration, or organize the material into a graphic organizer such as a matrix.”

The panel was part of a series of events including a talk by Joshua Foer at Campbell Hall. For more information on this event and future UCSB Reads selections and events, check out:

[guides.library.ucsb.edu/UCSBReads](http://guides.library.ucsb.edu/UCSBReads)



## TO GET THE BEST LOOK AT A PERSON'S FACE, LOOK JUST BELOW THE EYES

They say that the eyes are the windows to the soul. However, to get a real idea of what a person is up to, according to UC Santa Barbara researchers Miguel Eckstein and Matt Peterson, the best place to check is right below the eyes. Their findings are published in the *Proceedings of the National Academy of Science*.

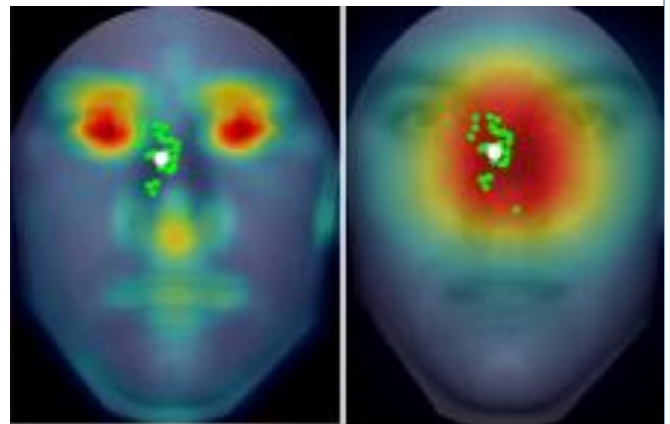
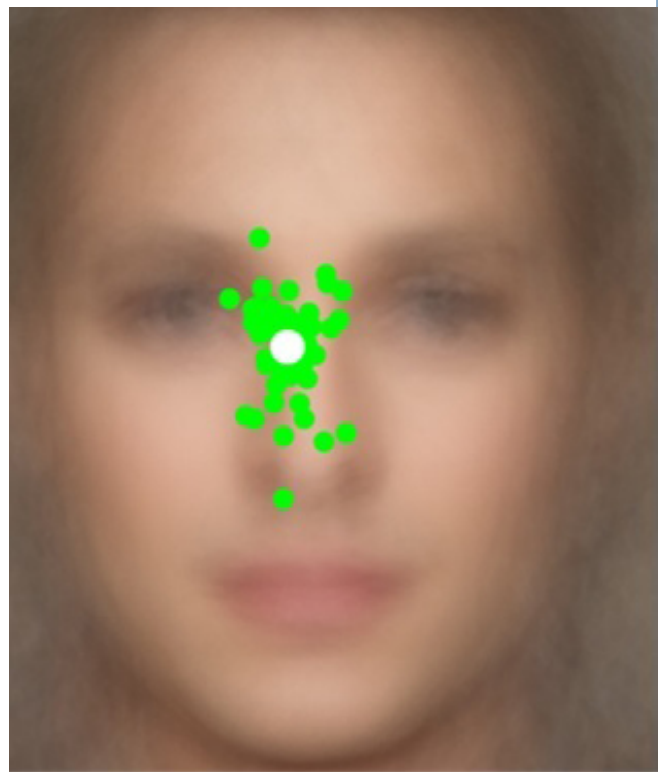
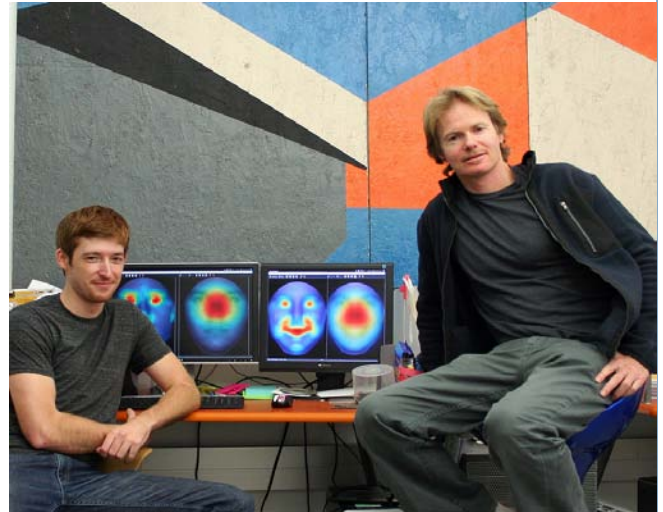
"It's pretty fast, it's effortless — we're not really aware of what we're doing," said Miguel Eckstein, Professor of Psychology in the Department of Psychological & Brain Sciences. Using an eye tracker and more than 100 photos of faces and participants, Eckstein and graduate research assistant Peterson followed the gaze of the experiment's participants to determine where they look in the first crucial moment of identifying a person's identity, gender, and emotional state.

"For the majority of people, the first place we look at is somewhere in the middle, just below the eyes," Eckstein said. One possible reason could be that we are trained from youth to look there, because it's polite in some cultures. Or, because it allows us to figure out where the person's attention is focused.

However, Peterson and Eckstein hypothesize that, despite the ever-so-brief — 250 millisecond — glance, the relatively featureless point of focus, and the fact that we're usually unaware that we're doing it, the brain is actually using sophisticated computations to plan an eye movement that ensures the highest accuracy in tasks that are evolutionarily important in determining flight, fight, or love at first sight.

"When you look at a scene, or at a person's face, you're not just using information right in front of you," said Peterson. The place where one's glance is aimed is the place that corresponds to the highest resolution in the eye — the fovea, a slight depression in the retina at the back of the eye — while regions surrounding the foveal area — the periphery — allow access to less spatial detail.

However, according to Peterson, at a conversational distance, faces tend to span a larger area of the visual field. There is information to be gleaned, not just from the face's eyes, but also from features like the nose or the mouth. But when participants were directed to try to determine the identity, gender, and emotion of people in the photos by looking elsewhere — the forehead, the mouth, for instance — they did not perform as well as they would have by looking close to the eyes.





## UCSB #2 UNIVERSITY IN WORLD



In the latest rankings by the Centre for Science and Technology Studies at Leiden University in the Netherlands, UC Santa Barbara has placed second on the annual list of the top 500 major universities in the world in terms of impact in the field of the sciences.

"We are very proud of UC Santa Barbara's number 2 ranking in Leiden University's four-year study of the top 500 universities in the world," said Chancellor Henry T. Yang. "Such recognition is a resounding affirmation of our faculty's unwavering commitment to excellence. The high citation rate of our colleagues' publications in prestigious journals reflects the far-reaching impact of the research being conducted on our campus."

The Leiden Ranking is a compilation of the top 500 universities worldwide with the largest publication output in the Web of Science database. Impact is determined by several indicators including the average number of citations of the publications of a university, and the proportion of publications that belong in the top 10 percent most frequently cited. Based on 2008 to 2011 numbers in the Web of Science database, UCSB's scientific publications — which include papers in the areas of life, biomedical, mathematics, engineering, computer, natural, and social sciences and humanities — are cited an average of 10.12 times, and 22 percent of its scientific publications belong in the top 10 percent of most frequently cited publications.

For the complete 2013 Leiden Ranking, visit [www.leidenranking.com/ranking](http://www.leidenranking.com/ranking).

Full Press Release: <http://www.ia.ucsb.edu/pa/display.aspx?pkey=2984>

Photo Credit: <https://labs.mcds.ucsb.edu/weimbs/thomas/gallery/ucsb-and-santa-barbara-pictures>

## BRENDA MAJOR WINS KURT LEWIN AWARD

Dr. Brenda Major, Professor of Social Psychology in the Department of Psychological & Brain Sciences, has been named the winner of the 2013 Kurt Lewin Award given by SPSSI, The Society for the Psychological Study of Social Issues. Named for the late Kurt Lewin, a pioneer in the science of group dynamics and a founder of the Society, the award is presented annually for "outstanding contributions to the development and integration of psychological research and social action."

Dr. Major shared her thoughts on the award: "Throughout my career, I've been interested in conducting basic, theory-driven science that can be applied to understand important social problems. I've examined such topics as gender roles, prejudice and discrimination, intergroup conflict, social justice, and stigma. My research examining psychological and social factors that shape how women cope with abortion embodies Kurt Lewin's spirit... all of these topics reflects Lewin's famous dictum that behavior is a function of both the person and the environment."



When asked to describe a recent line of research, Dr. Major wrote: "I am examining how diversity initiatives in organizations affect perceptions of organizational fairness and discrimination against women and men, and members of majority and minority racial groups. We have found that the mere presence of diversity programs in organizations can have the ironic effect of *decreasing* people's likelihood of detecting ongoing discrimination against minority groups or women. This occurs because people assume that organizations that have some sort of diversity initiative in place, such as diversity training, treat minorities and women fairly, even if they actually don't. This work is highly relevant to discrimination law, especially since judges also appear to defer to the presence of diversity initiatives in deciding discrimination cases."

# DEPARTMENT CELEBRATES 2013 AWARD WINNERS

## 2013 UNDERGRADUATE STUDENT AWARDS

### Distinguished Graduating Senior

*The award for distinguished graduating senior is awarded in recognition of academic and research excellence, and service to the department, the university and the community.*

Claire Chisholm

### The Morgan Award for Research Promise in Psychology

*The award for research promise in Psychology is for a student who demonstrates the most promise in the area of experimental research in psychology, as selected by the faculty.*

Alanna Peebles

### The Morgan Award for Academic Excellence in Psychology

*The award for academic excellence in Psychology is given to a graduating Psychology student in recognition of outstanding scholarship, as selected by the department faculty.*

Vira Fomenko & Elizabeth Light

### Philip S. Rethis Memorial Award

*The Philip S. Rethis Memorial Award is given to a graduating Psychology or Biopsychology senior who has overcome hardships in order to complete his or her degree. The criteria as stipulated by the fund are "character", "determination" and "scholarship".*

John Michael Pech

### Exceptional Academic Performance

*The award for exceptional academic performance is given to Psychology and Biopsychology students who have achieved a 3.9 or higher GPA in their upper division major coursework of at least 36 units.*

Courtney Axner, Erin Brown, Alison Chang, Vitaliy Chizhik, Meghan Connell, Alison Dana, Gabriel Estrella, Vira Fomenko, Lauren Fox, Dianne Garcia, Christina Goodwin, Jacob Kaiser, William Kidd, Aleksandr Markelov, Meagan Martin, Natasha Mirghani, Joshua Moonesinghe, Kristen Peanasky, Sahar Reka, Kelton Retherford, Devon Sandel, Emily Shine, Emily Steiner, Victor Thompson

### Chairperson's Award

*The recipients of the Chairperson's award are students who have provided service to the Psychology department.*

Rochelle Adriano, Meghan Connell, Desiree Garcia, Brittany Merced, Ariel Szilagyi, Mary Rose Ty, Lauren Welch

### Distinction in the Major

*Distinction in the major is presented to students by individual departments and programs in the College of Letters and Science to recognize the completion of a senior honors project or thesis with distinction.*

Jenna Adams, Yevgeniy Alksnin, Nikki Barrington, Gabriel Estrella, Vira Fomenko, Konstantin Kaganovsky, William Kidd, Elizabeth Light, Aleksandr Markelov, Alanna Peebles, Emily Shine

## PSYCHOLOGY MAJOR ALANNA PEEBLES RECEIVES DEANS' AWARD

Psychological & Brain Sciences major Alanna Peebles has been named the recipient of the 2012-2013 College of Letters and Science Deans' Award for Outstanding Senior. The award recognizes outstanding scholarship and contributions to the campus community by a graduating senior. Alanna will be awarded a plaque and honorarium at the commencement ceremony on June 16<sup>th</sup>, 2013. Throughout her undergraduate career, Alanna has been involved in both research and student government. Alanna spent time as a research assistant in the Close Relationships Lab of Dr. Nancy Collins at UCSB and in the Emotion, Health, and Psychophysiology Lab of Dr. Wendy Barry Mendes at UCSF. Under the supervision of Dr. Richard Mayer, she recently completed her senior honors thesis that looked at learning aids for second-language learners watching multimedia presentations. In the fall, she will start the Communication Arts Ph.D. program at the University of Wisconsin, Madison under the mentorship of Dr. Louise Mares. There, she will focus on looking at the prosocial effects of media. Congratulations to this excellent student!



## 2012-2013 GRADUATE STUDENT AWARDS

### **Charles G. McClintock Graduate Fellowship in Social Psychology**

Courtney Gosnell

### **Chancellor's Fellowship**

Rachel Grillot

### **Dean's Fellowship**

Michael Mrazek

### **Doctoral Scholar**

Nicole Marinsek

### **Graduate Division Dissertation Fellowship**

Shelley Su & Jennifer Wenzel

### **Graduate Research Mentorship Program**

Thery Prok

### **Harry J. Carlisle Memorial Award**

Christopher Knight

### **Humanities & Social Sciences Research Grant**

Michael Mrazek

### **National Science Foundation Graduate Research Fellows**

Tessa Dover, Eva Padilla, Janet Pauketat, Anthony Scroggins

### **President's Dissertation Year Fellowship**

Danielle King

### **Regent's Special Fellowship**

Phillip Ehret & Jeanne Li

### **Richard E. Mayer Award for Outstanding Research Contribution in Psychology**

Logan Fiorella

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## PROFESSOR RICHARD MAYER ENDOWS GRADUATE STUDENT AWARD



Professor Richard Mayer has endowed a new award for Outstanding Research Contribution in Psychology. The award recognizes the second-year psychology graduate student who presents the best research paper at the Psychological & Brain Sciences Mini-Convention, as determined by the Graduate Affairs Committee. The award consists of a plaque and a cash award to be used to support the graduate student's research. The inaugural recipient is Logan Fiorella (pictured with Dr. Mayer, left), for his research project, "Teaching as a Generative Learning Strategy."



## ALUMNI PROFILE

### PAUL HERZLICH '11

Winner of the 2011 Philip Steven Rethis Memorial Award, which is given for character, determination, and scholarship, Paul Herzlich of Daly City, California is currently using his psychology degree at Google, where he works in the legal department. We were able to catch up with Paul and get some thoughts on how his psychology degree helped pave the way for his early career success.

*IS: What is your current job at Google? Has your psych degree helped, and in what ways?*

PH: I currently work as a Legal Assistant at Google. It's an extremely rewarding job, and I feel very lucky to be working for such a cutting-edge and forward-thinking company. My favorite part is being able to work with intelligent people every day; it's very much like UCSB in that respect!

Right now at Google I am focusing on being a mentor to team members and learning what it means to teach while working along others.

The knowledge that I gained while pursuing my Psych degree has really formed my ability to approach different people in a manner that most comfortably suits them; I learned how to focus on the way that others receive and perceive information. Not only is this helping me at Google today, but it also directly helped me when I worked as a lecture note-taker for the Disabled Students Program at UCSB. I was assigned to take lecture notes for physically or mentally challenged students during all four undergraduate years, including for almost all of my Psych classes. By learning how to focus on the people who were receiving the information, I was able to develop more universally clear sets of notes; the head of the program told me that I received the highest feedback rating of all lecture note-

takers at UCSB. It's really gratifying to know how much I was able to help my fellow students as they expanded their Psychology knowledge.

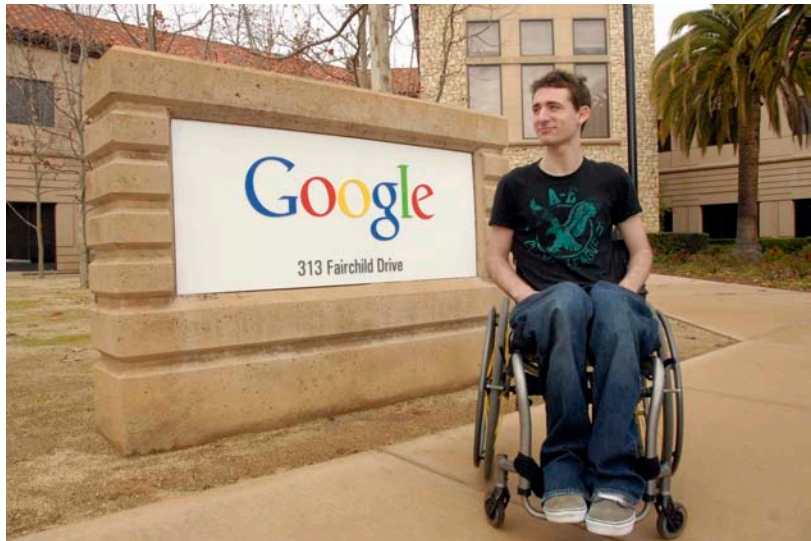
*IS: What are your future plans, career-wise?*

PH: I would love to work at Google for the rest of my career. It truly is my dream company. Googlers are a perfect combination of intelligent, professional, and social. My nerdy side also feels right at home!

*IS: What are your hobbies, avocations, things you do for fun?*

I like to sing while playing acoustic guitar and electric bass (I own a replica of Paul McCartney's bass), and I like to play video games from time to time. I love to travel: For the past several years, my parents, brother, and I have gone on vacations every summer to national parks around the U.S. I've been to pretty much every famous national park -- the Grand Canyon, Yosemite, Yellowstone, the Grand Tetons, Crater Lake, Bryce Canyon, Zion, and more. (My family and I are very connected to nature and the outdoors.) I've also been to landmarks such as Mount Rushmore and Niagara Falls. I'd eventually like to travel elsewhere as well, especially to Europe.

My most peculiar hobby is collecting bottlecaps! There's something really fun about trying to find new and unique designs that I haven't come across before; it's a mini-adventure that has no end.



*IS: How did it feel and what did you think upon winning the The Philip Steven Rethis Memorial Award?*

It was absolutely amazing! It felt wonderful, but most of all I felt grateful. I felt a sense of validation that the way I approach life is meaningful -- that no matter what adversity you may face in your life, you always have the power to make your own positives and to be the source of your own success.

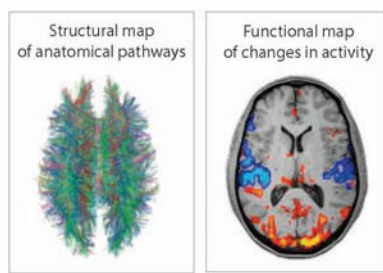
I feel that the award is rooted in this very idea -- that determination leads to self-realization -- and that's why the award is so meaningful to me.



*Paul Herzlich, with Dr. Robert and Lili Zaller, sponsors of the Philip Steven Rethis Memorial Award, June 2011.*

## UCSB NEUROSCIENTISTS STUDY CONNECTIVITY IN THE HUMAN BRAIN

The human brain is one of the most complex systems both in terms of its structural organization and of the diverse functionality that structure supports. One of the great challenges in modern neuroscience is to understand how human cognitive function arises from interactions between different regions of the brain.



Using magnetic resonance imaging (MRI) technology, researchers at UC Santa Barbara have identified organizational features of human brain anatomy that support coordinated changes in functional brain activity when an individual is at rest, attending to a visual task, or remembering something such as a word or face. Their work was highlighted in a recent issue of the

*Proceedings of the National Academy of Sciences.*

Full Press Release: [www.ia.ucsb.edu/pa/display.aspx?pkey=2983](http://www.ia.ucsb.edu/pa/display.aspx?pkey=2983)

## UCSB STUDY OF COCAINE ADDICTION REVEALS TARGETS FOR TREATMENT

Scientists at UC Santa Barbara are researching cocaine addiction, part of a widespread problem, which, along with other addictions, costs billions of dollars in damage to individuals, families, and society. Laboratory studies at UCSB have revealed that the diminished brain function and learning impairment that result from cocaine addiction can be treated — and that learning can be restored.

Karen Szumlinski, a professor in the Department of Psychological & Brain Sciences at UCSB, and her colleagues Dr. Osnat Ben-Shahar (pictured with Dr. Szumlinski below) and Dr. Tod Kippin, have worked in the field of addiction for many years. Dr. Szumlinski, the senior author of a paper on this topic published recently in *The Journal of Neuroscience*, is particularly interested in the part of the brain called the prefrontal cortex, where the process of "executive function" — or decision-making — is located. This area is involved in directing one's behavior in an appropriate manner, and in controlling behavior.

With her research team, Szumlinski discovered that a drug that stimulates a certain type of glutamate receptor — when aimed at the prefrontal cortex — could restore learning impairment in rats with simulated cocaine addiction.

Full Press Release:  
[www.ia.ucsb.edu/pa/display.aspx?pkey=2939](http://www.ia.ucsb.edu/pa/display.aspx?pkey=2939)



Dr. Ben-Shahar and Dr. Szumlinski.

## MINDFULNESS IMPROVES READING ABILITY, WORKING MEMORY, AND TASK-FOCUS



If you think your inability to concentrate is a hopeless condition, think again — and breathe, and focus. According to a study by Michael Mrazek (shown above), graduate student researcher in psychology, Professor Jonathan Schooler, and researchers at the Department of Psychological and Brain Sciences at UC Santa Barbara, as little as two weeks of mindfulness training can significantly improve one's reading comprehension, working memory capacity, and ability to focus. Their findings were recently published online in the empirical psychology journal *Psychological Science*.

"What surprised me the most was actually the clarity of the results," said Mrazek, the lead and corresponding author of the paper, "Mindfulness Training Improves Working Memory Capacity and GRE Performance While Reducing Mind Wandering." "Even with a rigorous design and effective training program, it wouldn't be unusual to find mixed results. But we found reduced mind-wandering in every way we measured it."

Full Press Release:  
[www.ia.ucsb.edu/pa/display.aspx?pkey=2970](http://www.ia.ucsb.edu/pa/display.aspx?pkey=2970)



## OUR SUPERLATIVE STAFF

The following members of the administrative staff have received *Certificates of Recognition*. Below are their descriptions of the important work they do in keeping the department running, their position, and when they won the award.



"I oversee the undergrad and graduate programs in the department, including course scheduling, TA placement, and curriculum development."—Casey Hankey, Student Affairs Manager, August 2011

"I work with undergraduates on every aspect of their college career. From class schedules, research opportunities, and petitions, to personal matters, campus resources, and graduate school, helping to maintain the sanity of 10% of the UCSB undergraduate population."—Chris McFerron, Undergrad Advisor, November 2011



"I handle all aspects of the Contracts and Grant Administration from cradle to grave, as well as other various financial projects and procedures for the department."—Karrie Black, Financial Coordinator, June 2012

"I manage personnel actions for faculty and researchers, including recruitments, appointments, leaves, merits and promotions."—Helly Kwee, Academic Personnel Coordinator, January 2013



"I manage the human subjects research pool and the Sona research participation website. I am also a part of the financial team."—Britney Craighead, Subject Pool Coordinator and Financial Assistant, April 2013

# FESTSCHRIFT FOR DAVE HAMILTON



Social psychologists from around the country and across the globe converged on UCSB June 26<sup>th</sup>, 2012 to celebrate Dr. David Hamilton's transition to research professor (no one called it retirement). Organized by two of Hamilton's former students, Jeff Sherman (UC Davis) and Steve Stroessner (Barnard College, Columbia University), the two-day event featured a day of scholarly talks focused on Hamilton's work, a celebration dinner attended by family, friends, and colleagues, and an excursion to the wine country of the Santa Ynez valley for locals and visitors.

Dave Hamilton's distinguished career in social psychology began with his BA from Gettysburg College, MA from the University of Richmond, and a 1968 Ph.D. from the University of Illinois. After an initial appointment at Yale University, Dave came to UCSB in 1976, starting nearly four decades of remarkable influence on the development of both the discipline of social psychology and UCSB's social psychology program.

Dave's research showing that stereotypes can arise merely because of biases in the way people process information was among the first to introduce a social cognition perspective. His contributions as a theoretician, methodologist, researcher, and editor helped make this then-revolutionary approach paradigmatic in modern social psychology. Dave made seminal contributions to our understanding of person impression, stereotyping, and the perception of groups, especially their entitativity or quality of "groupness." He is the recipient of the Thomas M. Ostrom Award for contributions to social cognition and a National Institute of Mental Health MERIT award. His research attracted 35 years of extramural funding.

His influence, both scholarly and professional, has been international. Many of his more than 30 Ph.D. graduates occupy faculty positions in prestigious universities both in the US and abroad. His contributions to the development of European social psychology earned him Honorary Doctorate Degrees from the University of Lisbon and from Eötvös Loránd University in Budapest, as well as the Jean-Claude Codol Award from the European Association of Experimental Social Psychology.

At UCSB, Dave's international stature, graduate mentoring, and collaborative collegiality are responsible for making the social psychology graduate program among the top ranked in the country. Dave's openness to discussion, unparalleled support of colleagues, and sense of humor have long been indispensable as intellectual and social contributors to the entitativity of the social psychology program at UCSB.



*Dave Hamilton, surrounded by his Ph. D. graduates, Santa Barbara, 2012.*

# WHERE ARE THEY NOW? PSYCHOLOGY CLASSNOTES

Contribute Classnotes for 2013-2014 by emailing: [InsidePsychology@psych.ucsb.edu](mailto:InsidePsychology@psych.ucsb.edu)

## 1960s

- **Jim O'Hanlon** (BA, Psychology, 1961; Ph.D. Applied Physiology, 1970). Dr. O'Hanlon has held numerous positions in academia, industry and public service in a career spanning more than 40 years. He moved into the field of Psychopharmacology while on sabbatical as a Roche Fellow in Switzerland in 1977. He pursued that interest as a Professor in Europe, culminating in 1986 with his appointment as Director of the Institute for Human Psychopharmacology at the University of Maastricht in The Netherlands. Returning to Santa Barbara in 1998, he taught courses in the Psych. Dept. at UCSB for the next 6 years. In parallel, Dr. O'Hanlon became Staff Psychopharmacologist at the Tri-Counties Regional Center (for the developmentally disabled), a position he currently holds. His duties include consulting to physicians regarding the use of psychotropic drugs in this population. Dr. O'Hanlon resides with his wife of 53 years in Solvang where they frequently enjoy the visits of 5 children and 11 grandchildren.
- **Stewart Proctor** (BA, 1963). Earned his Ph.D in Clinical Psychology from Indiana University (1968) and joined the faculty at the University of Utah (1968-1977) where he became Associate Professor of Psychology. Left academia to work for the US Virgin Islands Health Service (1977-1980) and then for Kaiser Permanente (1980 - 2009) in Northern California, where he also earned an MBA from St. Mary's College (1997). Retired as a Service Director for Kaiser (2009) and currently serves as an adoptions counselor for an animal rescue foundation and a Parks Commissioner in Danville, California. Married to Sherry Lemmon for 34 years. Three children: Jeremy Proctor, a UC Berkeley graduate; Eliot Proctor, a West Point graduate and Captain, US Army; and Emily Proctor, a UCSB Communications major graduate.
- **Samuel R. Newcom**, MD, FACP. I attended U.C. (Berkeley and Santa Barbara) from 1961-65, but did not apply for graduation until 2005. I received my M.D. from U.S.C. in 1969 and served on the faculty at UCSF, Oregon, and Emory University. I am currently Professor of Medicine, Emeritus at Emory. As a Hematologist/Medical Oncologist my education in Psychology has been useful during multiple interactions with seriously ill patients as well as the teaching of medical students, housestaff, and community physicians. My UCSB acquired facility in handling rats and mice was quite useful in several published research experiments including the production of Rheumatoid Factor in NZB/NZW mice, grafting of leukemia cells in the brains of Nu/Nu mice, and the analysis of growth factor production and gene expression in Hodgkin's lymphoma cells.
- **David Reese** (BA, 1967). I graduated from UCSB in 1967, and from UC Berkeley with MPH in 1975 and had the wonderful opportunity to work in the lab with Dr. Walter Gogel, who had a tremendous influence on my initial career choices that got me off to a great start as a Psychology Instructor at the then Holy Names College, now Holy Names University, with Experimental, Historical and Introductory Psychology teaching responsibilities with the Chair, Sister Paulina Mary Kennedy who was the other half of the Psychology Department from 1970-1973! I retired about a year ago from my career as a public health educator, senior administrator and epidemiologist. At the beginning of this year I received an offer that I couldn't refuse from the Appalachian Osteopathic Postgraduate Training Institute Consortium in Pikeville, Kentucky to work as their Director of Research and Community Engagement.

## 1970s

- **Jim West** (BA Psychology, 1970 and Master's Counseling Psychology 1974), retired from Allan Hancock College in Santa Maria after 17 years as a counselor, Counseling Department chair and Dean, Counseling and Matriculation. During his tenure there he served on the California Community College Matriculation Advisory Board to the Chancellor's Office and was Co-Chair for three years. Jim also served on the Counseling Advising Committee to the Chancellor's Office for several years and was Chair of the Region 6 Community College Counseling Committee. Jim was the driving force behind bringing computerized placement testing and computerized educational planning to Hancock College. After retiring, he continued as a part time instructor and faculty advisor to the Associated Student Government Program for two years. He is now an assistant football coach at Orcutt Academy High School.
- **Jim Witmer** (BA, 1970). Jim is a Real Estate Broker in Santa Barbara with Village Properties. He received his license in 1972, and used his double major degree in psychology and economics to work with people and help them make financial and emotional decisions. He lives in Summerland with his wife Lucy, and has two grown kids. He enjoys tennis and soccer, and the Santa Barbara lifestyle.
- **Michael P. Levine** (BA 1971, MA 1975, Ph.D. 1979) retired in July 2012 after 33 years of teaching psychology at Kenyon College in Gambier, OH. He continues to write and speak about a variety of topics related to body image and eating disorders, most notably prevention and sociocultural factors such as mass media. In 2015 he and his wife Dr. Mary A. Suydam (BA in Medieval Studies, UCSB '73; Ph.D. in Medieval History, UCSB, '91) plan to move back to Goleta, where they own a condo not far from UCSB.
- **Jonathan Eymann** (BA, 1972), has been teaching as an Adjunct Professor part time in the clinical psych graduate program at Antioch University in Santa Barbara for the last two quarters. He is also continuing as Team Supervisor, Marriage and Family Therapist, in the County of Santa Barbara's Adult Outpatient Clinic.
- **Mary McGrath** (BA, 1975). Retired from the advertising business in 2003 to pursue her loves for writing, photography and music. Some of her credits include: Westways.com, Wall St. Journal, Newsweek.com, LA Times, and many other publications.



# WHERE ARE THEY NOW? PSYCHOLOGY CLASSNOTES (CONTINUED)

## 1970s (continued)

- **Dr. Keith Witt** (BA, 1973) is a licensed psychologist practicing in Santa Barbara who's conducted over fifty thousand therapy sessions and numerous groups and workshops. He received his BA in psychology from UCSB in 1973, his MA in Counseling Psychology from UCSB in 1975, and his Ph.D. in Clinical Psychology from The Fielding Institute in 1982. Keith has published four books (including *Waking Up*, one of the first texts on Integral Psychotherapy), contributed to the Journal of Integral Theory and Research, and is one of the world's foremost experts on Integrally Informed Psychotherapy (based on the work of Ken Wilber). Keith has led workshops and lectured widely around the U.S. on topics ranging from *Shame, the Misunderstood Emotion*, to *Integral Erotic Polarity*. email: [kwwitt@cox.net](mailto:kwwitt@cox.net)
- **Terry J. Tibbetts** (MA, 1973). While obtaining his M.A. degree in 1973, Terry was also involved in community work through the Sociology department, and became interested in educational psychology and gestalt therapy through the Confluent Education program in the Education Department. As a result of those interests, Terry also became a community social worker and a gestalt therapist while completing his doctoral psychology degree. Since that time, Terry has worked in a variety of clinical and educational settings involving students with emotional disturbance, and has recently published a book entitled **Identifying and Assessing Students With Emotional Disturbance**. He currently works for the State of California, where he is responsible for the psychological evaluation of adjudicated adolescents. [virgorising50@gmail.com](mailto:virgorising50@gmail.com)

## 1980s

- **August Hoffman** (BA, 1981). I received my PHD in psychology from UCLA in 1995 and I am currently a full professor of psychology at Metropolitan State University, located in St. Paul, MN. I am the coordinator of the graduate psychology program at Metropolitan State University and I live in Hudson, Wisconsin.

## 1990s

- **Tim Harrison** (BA, 1991) is the Dean of Athletics, Communication Studies, ESL, Foreign Languages, Health, Kinesiology and Off-Campus Programs at Ventura College. "My undergraduate degree in Psychology (1991) was a great base for my career in higher education. Go Gauchos!" [tharrison@vcccd.edu](mailto:tharrison@vcccd.edu)
- **Lisa Thomas Vance** (BA, 1991) is living in Santa Barbara with her husband, Ronan Vance (UCSB Class of '88). They have three children who all attend elementary school in Goleta, where she teaches Science and English Language Development.
- **Tom Wellman** (BA, 1993). I am now in Bali with my company Thumbs Up! Bali and I now have a job at Vimsia in St. Thomas US Virgin Islands Montessori school international academics.
- **Lauren Fox MacMillan** (BA, 1993) went on to earn a Ph.D. in Clinical-Aging Psychology from USC in 2001. I'm now a Clinical Geropsychologist at the VA Long Beach Healthcare System. I live in Pasadena with my husband, 2 young sons (ages 5 and 1) and one old dog (age 14). I'm quite happy to speak with Psychology undergrads who are interested in pursuing an aging-related career in psychology, as there is a huge and growing need for gero-competent psychologists! Feel free to email me at [lauren.macmillan@va.gov](mailto:lauren.macmillan@va.gov).
- **Sean Sowersby** (BA, 1999). My wife Holly (also UCSB Alumni 2005) and I live in Long Beach and are expecting our first baby in August! After obtaining my MBA from CSUF, I have decided to change careers to become a Firefighter. I begin paramedic school in May at UCLA and am scheduled to take my final exam on DUE DATE....YAY! I have been working as a Volunteer Firefighter for the Sierra Madre Fire Department and as an EMT for Doctor's Ambulance for the last few years. I am looking forward to expanding my skills and knowledge as a pre-hospital care provider. My wife and I continue to be very involved with water skiing as we were with the UCSB Water Ski & Wakeboard Team. [seansowersby@hotmail.com](mailto:seansowersby@hotmail.com)

## 2000s

- **Adam Leventhal**, (Ph.D., 2002) Adam is currently an assistant professor of preventive medicine and psychology at University of Southern California. He is director of the USC Health, Emotion, and Addiction Laboratory, which conducts research on the emotional and biobehavioral determinants of drug addiction and other behaviors that influence health. Adam has authored more than 70 articles in peer-reviewed journals and has been the principal investigator of external grants in \$7.5M in total costs. He has received early career investigator awards from the APA Division of Psychopharmacology and Substance Abuse, APA Society for Clinical Psychology, and American Academy of Health Behavior. He is very grateful to Drs. Aaron Ettenberg and Diane Mackie for their mentoring when he was an undergrad at UCSB. [Adam.leventhal@usc.edu](mailto:Adam.leventhal@usc.edu)



# GIVING OPPORTUNITIES IN THE DEPARTMENT OF PSYCHOLOGICAL & BRAIN SCIENCES

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- facilitate cutting edge research efforts that move both science and society forward
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- bring distinguished lecturers to the department to the benefit of both faculty and students
- outfit and equip research and scholarship spaces in the new building where faculty and students of all levels can interact

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You can give to the Department and specify how you would like your funds used, or allow us to use the funds where we need them most. You can give by check or credit card or by contacting the Department Chair Diane Mackie at 805-893-2858 or [mackie@psych.ucsb.edu](mailto:mackie@psych.ucsb.edu). Or click on the "Give to the department" button at our departmental home page [www.psych.ucsb.edu](http://www.psych.ucsb.edu)

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Who inspired you to get a psychology degree? Who made the difference between finishing and not finishing that honors thesis? When you had a problem in class, whom did you seek out? For many undergraduates, the answers to all these questions is "My T.A." or "The graduate student I worked with." Graduate students make crucial and compelling contributions to the teaching and research missions of the Psychological & Brain Sciences Department at UCSB. In large lecture courses, they are the students' lifeline to the instructor. In lab classes, they are the ones who can crack the statistics codes, and show you the technique over and over again. And most students working in individual labs work closely with and learn much about graduate school from the lab's Graduate Student Researchers. As UC funding falls, the need for graduate student support grows ever more pressing. If you'd like to make a donation earmarked for graduate student support in thanks for all that help you might have received back then, please contact chair Diane Mackie at [mackie@psych.ucsb.edu](mailto:mackie@psych.ucsb.edu).

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