

# PSYCHOLOGY 1 RESEARCH PARTICIPATION OPPORTUNITY

## Winter 2021

In Psychology 1, you learn about research in many areas of psychology. Psychologists conduct much of this research with human subjects in psychology laboratories in universities like UCSB. To enhance your understanding of the nature of research, it is important that you obtain first-hand experience with research. For this reason, students in Psychology 1 are asked to participate in research.\*

All research with human subjects must be carried out in an ethical manner. You cannot be required to participate in studies against your wishes. Therefore, you have been given several ways to fulfill the Psychology 1 research participation opportunity.

### Option 1: PARTICIPATE IN STUDIES

Your participation as a subject in studies will give you a chance to have direct contact with research and acquire a better understanding of psychological research. Records of your performance in psychological studies are usually anonymous and are always held in strictest confidence.

***\*Please note that all studies in Winter 2021 will be done online and there will be no in-person studies.***

❓ **THE OPPORTUNITY:** Each student will have the opportunity to complete **TWO (2) RESEARCH CREDITS**. Participating in research gives you points that are applied to your overall PSY 1 course grade! That is, every 0.5 of research credit will contribute to 0.5% of your course grade. Participation in a study will earn you 0.5 credits for a 30-minute study, 1 credit for a 60-minute study, 1.5 credits for a 90-minute study. and 2 credits for a 120 minute study. Many of the studies that are worth more than 1 credit are spread over multiple sessions and this information will be noted in the study description you see when you sign up. **Please note:** Paid studies **cannot** be used for PSY 1 research requirement credit. **No studies are run during finals week and there are no study makeup dates after the last day of study. The last day to participate in studies is March 12, 2021.**

❓ **PRESCREENING:** A pre-screening questionnaire will automatically pop-up when you sign in for the first time. If you take this pre-screening within the first **TWO WEEKS** of the quarter, you will receive 0.5 credits toward your total of two credits. You **may not** participate in the prescreening if you are under 18-years-old, even if you have a consent form on file. The last day to take the pre-screening for 0.5 credits is **January 18, 2021.**

### Option 2: WRITE A RESEARCH PAPER

If you prefer not to participate in studies, you may write a **TWO-PAGE PAPER** that reviews **one** research article. Writing this paper should provide a learning experience comparable to that of participating in research. If you participate in research, but do not complete the full 2 research credits that you are eligible to complete then you can also do the research paper to “top-off” your credits so you receive the full 2% points applied to your PSY 1 course grade. To be clear, to receive any credit for the research paper, the paper will have to be two-pages.

❓ **THE OPPORTUNITY:** Select **one (1) journal article** from the list of acceptable journals below. The articles must have been published within the last year. Prepare a **two-page paper** (double-spaced) summarizing the main question addressed in the article, how the author addressed it, and what

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they found. Spend a minimum of two hours on the paper. The paper must be typed and have a title, and saved as a **Word Document**. **You must submit the paper via email to [psy1papers@psych.ucsb.edu](mailto:psy1papers@psych.ucsb.edu) and attach the 1 PDF article used in the paper **TWO ATTACHMENTS TOTAL.****

- ❑ **DEADLINE:** The paper is due by **March 14, 2021**, late papers **will not** be accepted.
- ❑ **Academic Integrity:** Papers submitted to fulfill the Research Participation requirement are subject to UCSB's policies regarding academic integrity. The paper submitted to satisfy the Research Participation requirement must be the result of the independent and individual effort of the person assigned the grade. Any evidence of academic dishonesty will result in a failing grade for the work submitted and immediate referral to the Office of Judicial Affairs, Student Affairs.

**LIST OF ACCEPTABLE JOURNALS:** Journal of Personality and Social Psychology, Journal of Experimental Social Psychology, Personality and Social Psychology Bulletin, Journal of Neuroscience, Journal of Cognitive Neuroscience, Psychological Science, Nature Neuroscience, Journal of Experimental Psychology-General, Journal of Experimental Psychology-Learning, Memory, and Cognition. Psychonomic Bulletin and Review, Cognition, Child Development, Developmental Psychology, Developmental Psychobiology, Developmental Science, Journal of Educational Psychology, Journal of Consulting and Clinical Psychology, Journal of Abnormal Psychology, Evolution and Human Behavior.

## **Option 1 Details: HOW TO SIGN UP FOR STUDIES\***

*\*Please note that all studies in Winter 2021 will be done online and there will be no in-person studies.*

### **First: Obtain a Username and Password**

1. If you have not done so, activate your **UCSB** account at <http://www.ucsb.edu>
2. Check your UCSB account for an email with the subject line: "Psychological Research Participation Sign-Up Login Information"
3. If you register for Psych 1 after the first day of class, your Username and Password will be emailed to you within a few days. If you do not receive the email, it is **your** responsibility to contact the Subject Pool Coordinator at [psych-subpool@ucsb.edu](mailto:psych-subpool@ucsb.edu)

### **Next: Sign up for Studies**

1. Go to the following website and use the Username and Password from the email you received to login: <http://ucsb.sona-systems.com>
2. The first time you login, you will see a policy screen. Click "**yes**" if you agree to the terms.
3. Click on the "**My Profile**" link if you want to change your password to something you will remember.
4. Click on "**Study Sign-Up**" to browse the list of studies.  
Note: Pay attention to the restrictions (e.g. "females only"). Do not sign up for a study more than once (unless specifically asked to do so). If you don't see any studies listed, check Sona again later.
5. Find a study that interests you and click on "**Timeslots Available.**"
6. You will see more detailed Study Information.
7. If you are interested and eligible to participate, click on "**View Timeslots Available for this Study.**"
8. A list of open timeslots will appear; click on the "**Sign-Up**" button next to the timeslot you want to sign up for.
9. You should see the "**Sign-Up Successful**" screen. Copy the study information onto your Tally Sheet.

NOTE: Be sure to write the correct **date and time** of your study. The Psych & Brain Sciences Office **does not** have that information. However, should you lose this information you may check the Sona website.

**Below are some examples of the types of studies you can participate in:**

Learning in computer-based environments      Solving logic problems  
Sorting of objects into categories      Responding to attitude questionnaires Judging various  
auditory stimuli, visual stimuli      Making judgments about presented scenarios Judging the size,  
distance, or color of objects      Responding to hypothetical social situations

## **KEEP TRACK OF YOUR STUDIES & CREDITS**

When you sign up for a study, you will receive a confirmation email and a reminder email the day before your study--please save these emails.

To see a list of your upcoming and past studies, login to Sona and click on the "**My Schedule & Credits**" link. You can also view your credit balance

## **RIGHTS OF RESEARCH PARTICIPANTS**

No studies are designed to involve psychological or physical harm. However, we would like to remind you of your right to choose not to participate in a study after it has been explained to you. Further, if during a session, you feel distressed and wish to withdraw, you may terminate your participation. You will not be penalized for refusing to participate and will receive the appropriate credit.

## **RESPONSIBILITIES**

In order to receive credit, you must be eligible. That means you fit the specifications listed in the description, you show up on time to your online study, you can stay for the full time specified, and you give the study your full attention. You **will not** receive credit for paid studies or for studies for which you are not eligible. You must sign up for studies with the Sona account created for you for this department and this course in order to get credit for this course.

## **IF YOU ARE UNDER 18-YEARS-OLD**

Students choosing to participate in studies **must be 18 years of age or older** OR have a **parental consent form** on file. This form can be obtained by emailing the subpool coordinator at [psych-subpool@ucsb.edu](mailto:psych-subpool@ucsb.edu). This will be sent and signed via DocuSign. Email the parental consent forms to the Psych Subpool Coordinator **PRIOR** to participating in any study. **If you are under 18, you may not participate in the prescreening survey even if you have turned in a consent**

## **FREQUENTLY ASKED QUESTIONS**

### **How do I obtain a UCSB "UMAIL" account?**

You can obtain a free UCSB UMAIL account by logging on to [www.umail.ucsb.edu](http://www.umail.ucsb.edu)

### **What if I registered for the class, but I have not received a Username or Password?**

You should receive it within a few days of registering. If you do not receive it, email the Subject Pool Coordinator at [psych-subpool@ucsb.edu](mailto:psych-subpool@ucsb.edu)

### **What if I forgot my password or accidentally deleted the email with my Username and Password?**

Go to [ucsb.sona-systems.com](http://ucsb.sona-systems.com) and look for the link titled "Lost your password? Click here to retrieve it"

### **What if I am having trouble logging in?**

Close the web browser, then open it and try again. If you still have problems, contact the Subject Pool Coordinator at [psych-subpool@ucsb.edu](mailto:psych-subpool@ucsb.edu).

### **What if I need to cancel a study appointment?**

If you wish to cancel an appointment, you must do so at least 24 hours before the study is scheduled to start.

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**TO CANCEL:** Log on to the Sona Systems site and click “**My Schedule & Credits**” to see your scheduled appointments. You’ll see a “**cancel**” button next to any upcoming session that is more than 24 hours in the future. To cancel the session, click the “**cancel**” button next to the session you wish to cancel. You will be asked to confirm the cancellation; click “**yes.**” **NOTE:** Canceling via the Sona Systems site is the best way to cancel an appointment; however, in the *case of an emergency*, you may cancel your appointment by contacting the researcher directly through email by clicking on the appropriate study title in the “**My Schedule & Credits**” screen.

### **What if I am repeating Psych1?**

If you are repeating Psychology 1, you must complete the Research Requirement this quarter; that is, you must either participate in studies or write a new research paper.

### **What if I am taking another course at UCSB that requires me to participate in research?**

It is *your* responsibility to make sure you complete the research requirement for each course. If you are taking Psych 1 & Psych 10A this quarter, you will have the opportunity to complete two credits **for each course**. If you are taking a course in another department that requires you to participate in research (Anthropology, Communication, etc.), be sure to keep track of your login information for both the Psychological & Brain Sciences Sona website and the other department’s Sona website. **Each department has a unique Sona website.** Credits **CANNOT** be transferred between courses or between departments. When you are signing up for studies, make sure you are signing up on the correct Sona website.

**Psychological & Brain Sciences Department Sona System website:** <http://ucsb.sona-systems.com>

### **How do I sign up for paid studies?**

Once you have completed your two credit option for Psych1, you can go to [www.psych.ucsb.edu](http://www.psych.ucsb.edu) and click on the research icon in the lower right hand corner for information about paid studies. You may not participate in paid studies if you have not finished your two credit option or if you are under the age of 18. If you have any questions, contact the Subject Pool Coordinator [psych-subpool@ucsb.edu](mailto:psych-subpool@ucsb.edu)

### **Questions or concerns**

If you have a question or concern about any aspect of the research requirement, please contact the Subject Pool Coordinator at [psych-subpool@ucsb.edu](mailto:psych-subpool@ucsb.edu) if you have a question regarding credit for a particular study, contact the researcher directly by clicking on the email link shown in the “**View Appointments**” page. If you do not receive a timely response, then you may email the Subject Pool Coordinator.

**For more FAQs:** Login to [ucsb.sona-systems.com](http://ucsb.sona-systems.com) and click on “**Frequently Asked Questions (FAQ)**”