PSYCHOLOGY 1 RESEARCH REQUIREMENT
SUMMER 2019

In Psychology 1, you learn about research in many areas of psychology. Psychologists conduct much of this research with human subjects in psychology laboratories in universities like UCSB. To enhance your understanding of the nature of research, it is important that you obtain first-hand experience with research. For this reason, students in Psychology 1 are asked to complete a research requirement.

All research with human subjects must be carried out in an ethical manner. You cannot be required to participate in studies against your wishes. Therefore, you have been given two options to fulfill the Psychology 1 research requirement—one involves your participation in studies and one does not, but both have been designed to take the same amount of effort. You are free to choose either option.

OPTION 1: PARTICIPATE IN STUDIES
Your participation as a subject in studies will give you a chance to have direct contact with research and acquire a better understanding of what psychological research is actually like. Records of your performance in psychological studies are usually anonymous and are always held in strictest confidence.

- **THE REQUIREMENT:** Each student is required to complete **THREE (3) RESEARCH CREDITS**. Participation in a study will earn you 1/2 credit for a 30 minute study, 1 credit for a 60 minute study, etc. If a study is worth 2 or more credits (usually because it takes more than one hour or more than one session), it will be noted in the study description you see when you sign up. There is no partial credit; you must complete 3 research credits in order to complete the research requirement. (**Please note:** Paid studies **cannot** be used for Psych 1 research requirement credit). *No studies are run during finals week and there are no study makeup dates after the last day of study.* Last day to participate in studies is Friday, September 13th, 2019.
- **HOW DO I COMPLETE THE REQUIREMENT?** See the instructions below.

*If you prefer not to participate in studies, you may write a **THREE-PAGE PAPER** that reviews **two** research articles. Writing this paper should provide a learning experience comparable to that of participating in research.*

- **THE REQUIREMENT: Select TWO (2) journal articles** from the list of acceptable journals below. The articles must have been published within the last year. Prepare a **three-page paper** (double-spaced) summarizing the main question addressed in each article, how the author addressed it, and what they found (write approximately 1.5 pages per article). Spend a minimum of three hours on the paper. The paper must be typed and have a title, and saved as a ***Word Document*. *You must submit the paper via email to* subpoolpapers@psych.ucsb.edu *and attach the 2 PDF articles used in the paper,* THREE ATTACHMENTS TOTAL.**
- **DEADLINE:** The paper is due by **Friday, September 13th, 2019 before 3pm,** late papers **will not** be accepted.
- **Academic Integrity**: Papers submitted to fulfill the Research Participation requirement are subject to UCSB's policies regarding academic integrity. The paper submitted to satisfy the Research Participation requirement must be the result of the independent and individual effort of the person assigned the grade. Any evidence of academic dishonesty will result in a failing grade for the work submitted and immediate referral to the Office of Judicial Affairs, Student Affairs.

LIST OF ACCEPTABLE JOURNALS: Journal of Personality and Social Psychology, Journal of Experimental Social Psychology, Personality and Social Psychology Bulletin, Journal of Neuroscience, Journal of Cognitive Neuroscience, Psychological Science, Nature Neuroscience, Journal of Experimental Psychology-General, Journal of Experimental Psychology-Learning, Memory, and Cognition. Psychonomic Bulletin and Review, Cognition, Child Development, Developmental Psychology, Developmental Psychobiology, Developmental Science, Journal of Educational Psychology, Journal of Consulting and Clinical Psychology, Journal of Abnormal Psychology, Evolution and Human Behavior.

IF YOU DO NOT COMPLETE THE RESEARCH REQUIREMENT:
If you fail to fully complete the research requirement (either Option 1 or Option 2), your final grade will be reduced (i.e., if you had an A-, you will receive a B+; if you had a C, you will receive a C-; etc.). **There are no exceptions to the research requirement without medical or legal documentation.**

HOW TO SIGN UP FOR STUDIES

First: Obtain a Username and Password
1. If you have not done so, activate your **UMAIL** account at http://www.umail.ucsb.edu
2. Check your UMAIL account for an email with the subject line: "Psychological Research Participation Sign-Up Login Information"
3. If you register for Psych 1 after the first day of class, your Username and Password will be emailed to you within a few days. If you do not receive the email, it is **your** responsibility to contact the Subject Pool Coordinator at psych-subpool@ucsb.edu

Next: Sign up for Studies
1. Go to the following website and use the Username and Password from the email you received to login: http://ucsb.sona-systems.com
2. The first time you login, you will see a policy screen. Click "**yes**" if you agree to the terms.
3. Click on the "**My Profile**" link if you want to change your password to something you will remember.
4. Click on "**Study Sign-Up**" to browse the list of studies.
   > Note: Pay attention to the restrictions (e.g. "females only"). Do not sign up for a study more than once (unless specifically asked to do so). If you don't see any studies listed, check Sona again later.
5. Find a study that interests you and click on "**Timeslots Available.**"
6. You will see more detailed Study Information.
7. If you are interested and eligible to participate, click on "**View Timeslots Available for this Study.**"
8. A list of open timeslots will appear; click on the "**Sign-Up**" button next to the timeslot you want to sign up for.
9. You should see the "**Sign-Up Successful**" screen. Copy the study information onto your Tally Sheet.
   > NOTE: Be sure to write the correct **location, date, and time** of your study. The Psych & Brain Sciences Office **does not** have that information. However, should you lose this information you may check the Sona website. Please be aware, there are **no** public access computers in the Psych Building.
10. Once you have signed up for a study, it is important that you **show up on time!**

THE IMPORTANCE OF STUDIES & SHOWING UP ON TIME

We appreciate your participation in the Psychological & Brain Sciences Subject Pool and ask that you make every effort to show up on time to studies. If you show up late for a study, you may not be able to participate in the study and you will not receive credit. The vast majority of students show up on time to studies, but when a student signs up to participate in an study and then fails to show up, or shows up late, without properly alerting the researchers, it can seriously harm the research being conducted in the Department. In addition to harming the research of UCSB students and faculty, no-shows waste money, time, and limited resources. Please be aware of this when signing up for timeslots, do not sign up for something you may not attend, and if you must cancel, please let a researcher know at least 24 hours before the study. **As a participant, if you accrue *three unexcused no-shows*, you will be removed from the subject pool and will need to complete the research paper instead.** You will receive a warning after accruing two unexcused no-shows and you will be removed after a third.

Below are some examples of the types of studies you can participate in:	
Learning in computer-based environments	Solving logic problems
Sorting of objects into categories	Responding to attitude questionnaires
Judging various auditory stimuli, visual stimuli	Making judgments about presented scenarios
Judging the size, distance, or color of objects	Responding to hypothetical social situations

KEEP TRACK OF YOUR STUDIES & CREDITS

♦ Attached to this packet is a Tally Sheet which will help you keep track of the studies you have signed up for and completed. You should have the researcher sign it after each study. **If credit issues arise, your tally sheet will help provide verification of your participation in a study.** It does **not** need to be turned into the Psychological & Brain Sciences Office.

♦ When you sign up for a study, you will receive a confirmation email and a reminder email the day before your study.

♦ To see a list of your upcoming and past studies, login to Sona and click on the "**My Schedule & Credits**" link. You can also view your credit balance.

RIGHTS OF STUDY PARTICIPANTS

No studies are designed to involve psychological or physical harm. However, we would like to remind you of your right to choose not to participate in a study after it has been explained to you. Further, if during a session, you feel distressed and wish to withdraw, you may terminate your participation. You will not be penalized for refusing to participate and will receive the appropriate study credit.

RESPONSIBILITIES

In order to receive credit, you must be eligible. That means you fit the specifications listed in the description, you show up on time, you can stay for the full time specified, and you give the study your full attention. You **will not** receive credit for paid studies or for studies that you are not eligible for. You must sign up for studies with the Sona account created for you for this department and this course in order to get credit for this course.

IF YOU ARE UNDER 18-YEARS-OLD

Students choosing to participate in studies **must be 18 years of age or older** OR have a **parental consent form** on file. This form is handed out at the first Psychology 10A section or may be picked up at the Psych & Brain Sciences Admin Office in Psychology East, room 1821. Turn in the parental consent forms to the Psych Admin Office in Psychology East, room 1821, **PRIOR** to participating in any study. Forms may be faxed to the main office, 805-893-4303. **If you are under 18, you may not participate in the prescreening survey even if you have turned in a consent form.**

SPECIAL NEEDS

The Americans with Disabilities Act (ADA) requires that students with special needs have equal access to program information. If you are a special needs student requiring assistance in signing up for Psychology 10A studies, assistance is available in the Psychology Admin Office, Psychology East, room 1821 or you may call (805)893-3182.

EXTENSION STUDENTS/FOREIGN STUDENTS

If you are a concurrent enrollment student (a student taking UCSB classes through University Extension), or your name does not appear on the Psych 10A class list, please email the Subject Pool Coordinator at psych-subpool@ucsb.edu to receive your log in information.

FREQUENTLY ASKED QUESTIONS

How do I obtain a UCSB "UMAIL" account?
You can obtain a free UCSB UMAIL account by logging on to www.umail.ucsb.edu

What if I registered for the class, but I have not received a Username or Password?
You should receive it within a few days of registering. If you do not receive it, email the Subject Pool Coordinator at psych-subpool@ucsb.edu

What if I forgot my password or accidentally deleted the email with my Username and Password?
Go to ucsb.sona-systems.com and look for the link titled "**Lost your password? Click here to retrieve it**"

What if I am having trouble logging in?
Close the web browser, then open it and try again. If you still have problems, contact the Subject Pool Coordinator at psych-subpool@ucsb.edu.

What if I need to cancel an study appointment?
If you wish to cancel an appointment, you must do so at least 24 hours before the study is scheduled to start.
TO CANCEL: Log on to the Sona Systems site and click "**My Schedule & Credits**" to see your scheduled appointments. You'll see a "**cancel**" button next to any upcoming session that is more than 24 hours in the future. To cancel the session, click the "**cancel**" button next to the session you wish to cancel. You will be asked to confirm the cancellation; click "**yes**."
NOTE: Canceling via the Sona Systems site is the best way to cancel an appointment; however, in the *case of an emergency*, you may cancel your appointment by contacting the researcher directly through email by clicking on the appropriate study title in the "**My Schedule & Credits**" screen.

What if I am repeating Psych 1?
If you are repeating Psychology 10A, you must complete the Research Requirement this quarter; that is, you must either participate in studies or write a new research paper.

What if I am taking another course at UCSB that requires me to participate in research?
It is *your* responsibility to make sure you complete the research requirement for each course. If you are taking a course in another department that requires you to participate in research (Anthropology, Communication, etc.), be sure to keep track of your login information for both the Psychological & Brain Sciences Sona website and the other department's Sona website. **Each department has a unique Sona website**. Credits **CANNOT** be transferred between courses or between departments. When you are signing up for studies, make sure you are signing up in the correct Sona website.

Psychological & Brain Sciences Department Sona System website: http://ucsb.sona-systems.com

How do I sign up for paid studies?
Once you have completed your 3 credit requirement, you can go to www.psych.ucsb.edu and click on the research icon in the lower right hand corner for information about paid studies. You may not participate in paid studies if you have not finished your requirements or if you are under the age of 18. If you have any questions, contact the Subject Pool Coordinator psych-subpool@ucsb.edu
Questions or concerns
If you have a question or concern about any aspect of the research requirement, please contact the Subject Pool Coordinator at **psych-subpool@ucsb.edu** if you have a question regarding credit for a particular study, contact the researcher directly by clicking on the email link shown in the "**View Appointments**" page. If you do not receive a timely response, then you may email the Subject Pool Coordinator.

For more FAQs: Login to ucsb.sona-systems.com and click on "**Frequently Asked Questions (FAQ)**

PSYCHOLOGY 1 RESEARCH CREDIT TALLY SHEET

Study Name/Description: _____
Date: _____   Researcher's Name: _____
Time: _____   Researcher's Signature: _____
Location: _____   Credits Earned: ___

Study Name/Description: _____
Date: _____   Researcher's Name: _____
Time: _____   Researcher's Signature: _____
Location: _____   Credits Earned: ___

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Date: _____   Researcher's Name: _____
Time: _____   Researcher's Signature: _____
Location: _____   Credits Earned: ___

Study Name/Description: _____
Date: _____   Researcher's Name: _____
Time: _____   Researcher's Signature: _____
Location: _____   Credits Earned: ___

NOTE:
Most studies are located in the **Psychology Building (#551)**.
   Psych 1000-1999 rooms are located on the first floor;
   Psych 2000-2999 are on the second floor.
Others are located in Building 429, Building 407, and Building 411
(see map), or the researcher may give you specific directions.
The Psychology East building is located directly east of the
Psychology building and it has a basement.